

RDA
Indoor Track & Field Youth Developmental Series
Jersey City Armory
678 Montgomery Street, Jersey City, NJ

February 5, 2012
Start Time - 9AM

Order of Running Events:

Sprint Medley (200,200,400,800)
400m
1500m
55m* (Finals only)
55H
800m
4x200 Relay
(Shot Put, High Jump)

February 12, 2012
Start Time - 9AM

Order of Running Events:

Sprint Medley (200,200,400,800)
200m
1500m
55m* (Finals only)
55H
800m
4x400 Relay
(Shot Put, High Jump)

Age Groups for the meets:

Sub Bantam: Born 2004 or later
Bantam: Born 2003 - 2002
Midget: Born 2000- 2001
Youth: Born 1999 - 1998
High School: Born 1997 - 1994

Awards: - Ribbons to top 3 in each division of each event.

NOTE: Up to 1/8" SPIKES WILL BE ALLOWED.

Questions: Should be directed via email to:
John Marshall : marshalljohn800@hotmail.com

DIRECTIONS: From North or South NJ Turnpike: To exit 15E. Follow signs for Jersey City. Cross over 2 draw bridges & straight at the intersection; on Communipaw Ave. Go straight until Kennedy Blvd. (Walgreens on left). Turn left onto Kennedy Blvd. Stay in right hand lane. Turn Right onto Montgomery Street (St. Peter's College on the left). At 2nd light, armory on the left (Jordan Ave.).

From the West: Route 78 East. Exit at Jersey City/Grand Street. At Light, turn left onto Montgomery Street to Armory at 678 Montgomery Street (6 lights).

PRE-ENTRIES ONLY - REGISTRATION AT WWW.COACHO.COM
Entries and fees must be received by Thursday, 11:59 PM for each meet.

Entry Fees:

\$8.00 per event; \$28 per relay; Maximum of 3 events per athlete including relay. NO refunds will be given for any reason.