

Physical Update Form

(This form must be returned before the start of the season.)

North Warren Regional School District

Rationale:

Each candidate for a place on a school athletic squad must be given a medical examination by a medical inspector or a designated team doctor within 365 days of the first practice session.

To participate on an athletic squad, each candidate whose medical examination was completed more than 60 days prior to the first practice session shall provide a health history update of medical problems experienced since the last medical examination. This form shall be completed by the parent or legal guardian.

Dear Parent/Guardian:

The medical department of the high school will review this information, and if there is any question about the present condition of the candidate, another physical examination or clearance from your family physician will be required. You have previously signed the athletic/co-curricular participation form. These policies and procedures are still in effect for the current school year.

Sport: _____

Student's Name: _____

Grade: _____ Date of Birth: _____

Date of most recent physical : _____

Physical was done for which sport: _____

Between the times your physical was done and now, have you experienced any of the following: (give details – including dates)

1. Head injury or concussion: _____

2. Injury to the neck, back, shoulders, hip, knee or ankle. Any sprains or fractures?

3. Have you been hospitalized overnight or longer for any illness, injury, or surgery?
_____ if yes, explain.

4. Have you been under the care of a doctor for any reason? _____

Doctor's Name: _____

Condition being treated: _____

5. List medicines taken on a daily basis.

6. Are you currently excused from physical education class for any reason?

Explain: _____

Student's signature: _____ Date: _____

Parent's signature: _____ Date: _____

Reviewed by Trainer: _____ Date: _____

Reviewed by School Nurse: _____ Date: _____

****THIS FORM IS REQUIRED BY NJSIAA REGULATION NUMBER N.J.A.C. 6:29 -3.4**